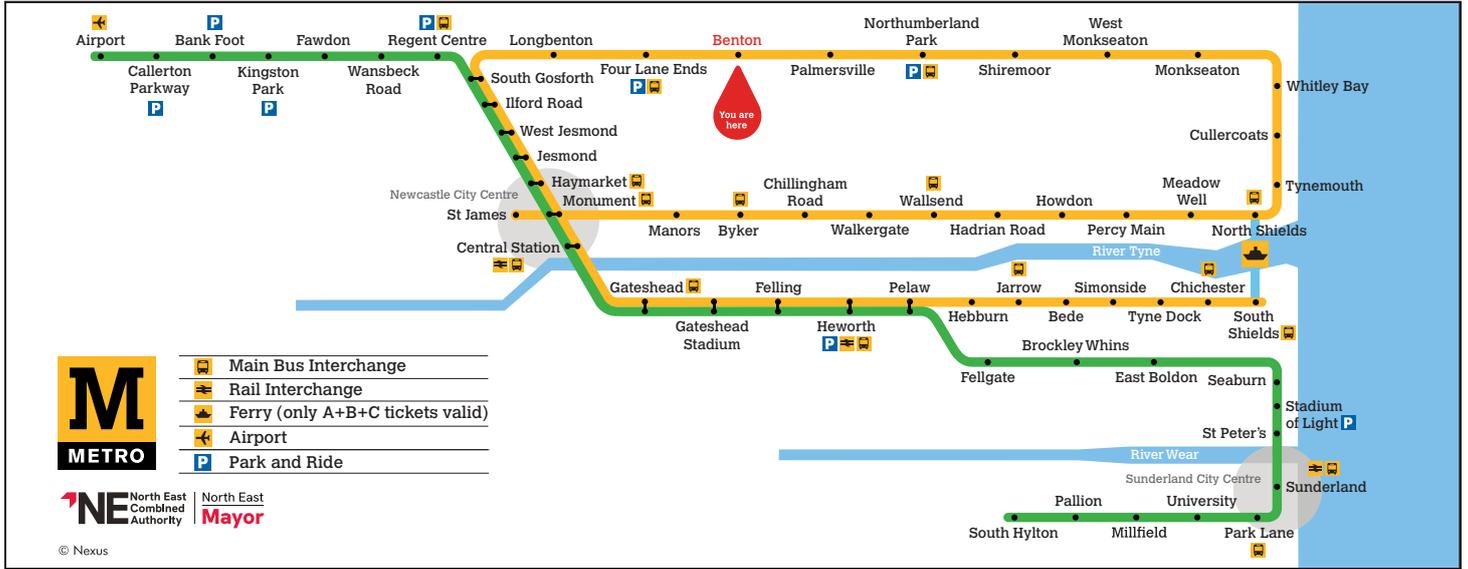


# Benton

## Platform 1

### Trains towards South Shields



## Towards South Shields



Monday to Friday				Saturday				Sunday			
Hour	Minutes	Minutes	Minutes	Hour	Minutes	Minutes	Minutes	Hour	Minutes	Minutes	Minutes
05	18	29	54	05	24	54		05			
06	17	29	41	06	19	39	54	06	39		
07	05	17	29	07	09	24	39	07	09	39	
08	05	17	29	08	09	24	39	08	09	39	
09	05	17	29	09	05	17	29	09	09	39	
10	05	17	29	10	05	17	29	10	09	39	54
11	05	17	29	11	05	17	29	11	09	24	39
12	05	17	29	12	05	17	29	12	09	24	39
13	05	17	29	13	05	17	29	13	09	24	39
14	05	17	29	14	05	17	29	14	09	24	39
15	06	17	29	15	06	17	29	15	09	24	39
16	05	17	29	16	05	17	29	16	09	24	39
17	05	17	29	17	05	17	29	17	09	24	39
18	05	12 <sup>b</sup>	24	18	05	12 <sup>b</sup>	24	18	09	24	39
19	09	24	39	19	09	24	39	19	09	24	39
20	09	24	39	20	09	24	39	20	09	24	39
21	09	24	39	21	09	24	39	21	09	24	39
22	09	24	39	22	09	24	39	22	09	24	39
23	09	24 <sup>b</sup>	39 <sup>a</sup>	23	09	24 <sup>b</sup>	39 <sup>a</sup>	23	09	24 <sup>b</sup>	39 <sup>a</sup>
00	09 <sup>a</sup>	24 <sup>a</sup>		00	09 <sup>a</sup>	24 <sup>a</sup>		00	09 <sup>a</sup>	24 <sup>a</sup>	

<sup>a</sup> Terminates at Longbenton  
<sup>b</sup> Terminates at Pelaw

These timetables will change on public holidays - see [nexus.org.uk](http://nexus.org.uk) for details.

**Towards South Shields**

Daytime Monday to Saturday  
**Every 12 minutes**

Evenings and Sundays  
**Every 15 minutes**

Get the Pop App for the latest service information and to plan your journey



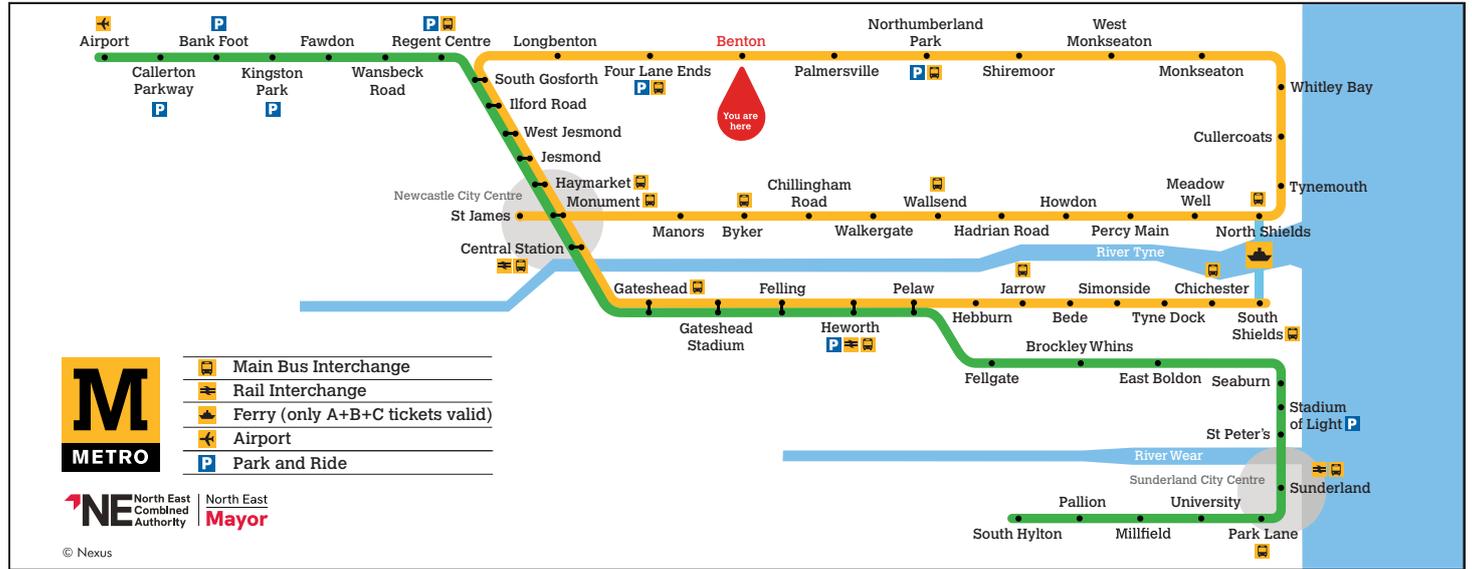
[nexus.org.uk/metro](http://nexus.org.uk/metro)

Displayed December 2025

# Benton

## Platform 2

### Trains towards St James via Whitley Bay



- Main Bus Interchange
- Rail Interchange
- Ferry (only A+B+C tickets valid)
- Airport
- Park and Ride



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## Towards St James via Whitley Bay



Monday to Friday				Saturday				Sunday				
Hour Minutes				Hour Minutes				Hour Minutes				
05	11	30	49	05	25	40	55	05	10	40		
06	04	16	28	06	10	25	40	06	10	40		
07	04	16	28	07	10	25	40	07	10	40		
08	04	16	28	08	10	25	40	08	10	40		
09	04	16	28	09	10	25	40	09	10	40	55	
10	04	16	28	10	11	21	28	10	10	25	40	55
11	04	16	28	11	04	16	28	11	10	25	40	55
12	04	16	28	12	04	16	28	12	10	25	40	55
13	04	16	28	13	04	16	28	13	10	25	40	55
14	04	16	28	14	04	16	28	14	10	25	40	55
15	04	16	28	15	04	16	28	15	10	25	40	55
16	04	16	28	16	04	16	28	16	10	25	40	55
17	04	16	28	17	04	16	28	17	10	25	40	55
18	04	16	28	18	04	16	28	18	10	25	40	55
19	10	25	40	19	10	25	40	19	10	25	40	55
20	10	25	40	20	10	25	40	20	10	25	40	55
21	10	25	40	21	10	25	40	21	10	25	40	55
22	10	25	40	22	10	25	40	22	10	25	40	55
23	10	25 <sup>a</sup>	40 <sup>a</sup>	23	10	25 <sup>a</sup>	40 <sup>a</sup>	23	10	25 <sup>a</sup>	40 <sup>a</sup>	55 <sup>b</sup>

<sup>a</sup> Terminates at Monument  
<sup>b</sup> Terminates at Manors

These timetables will change on public holidays - see [nexus.org.uk](http://nexus.org.uk) for details.

**Towards St James via Whitley Bay**

Daytime Monday to Saturday  
**Every 12 minutes**

Evenings and Sundays  
**Every 15 minutes**

Get the Pop App for the latest service information and to plan your journey



[nexus.org.uk/metro](http://nexus.org.uk/metro)

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