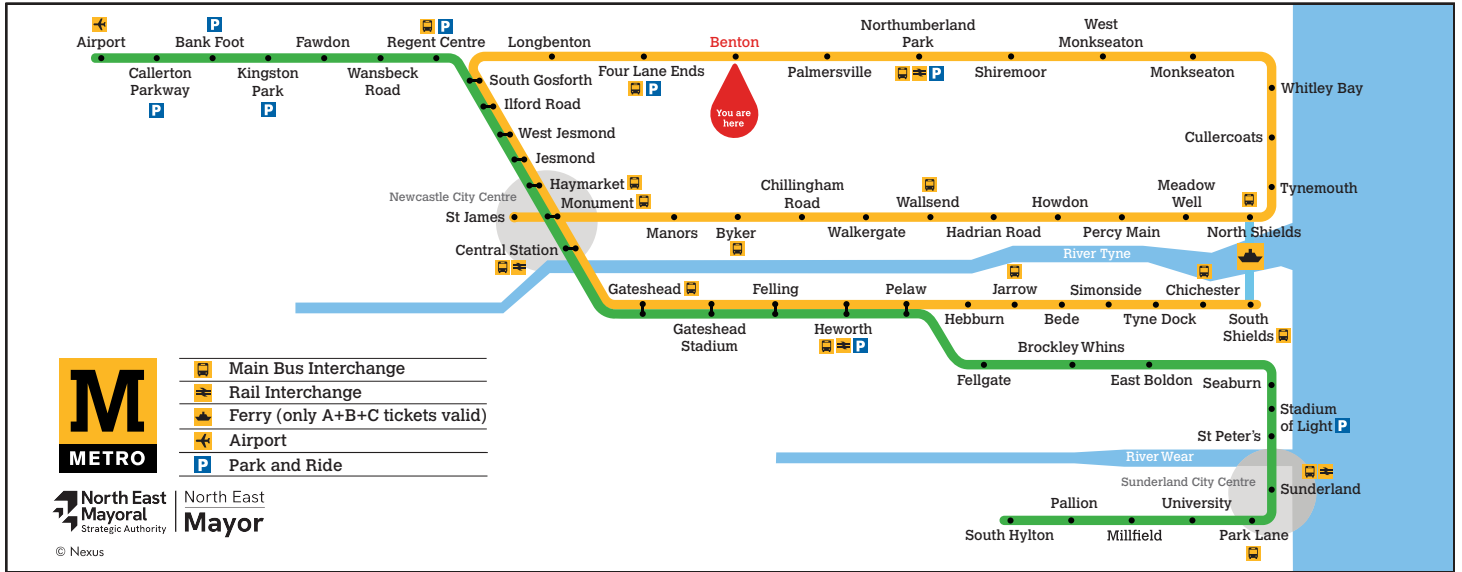


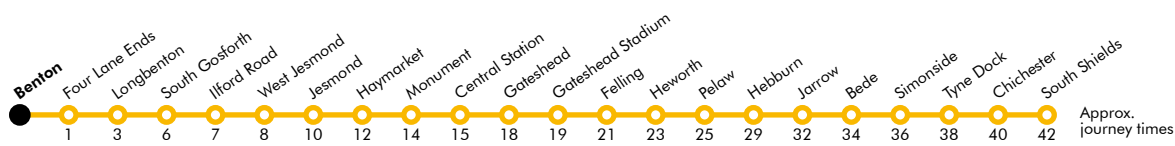
# Benton

## Platform 1

### Trains towards South Shields



## Towards South Shields



Monday to Friday	Saturday	Sunday
05 18 29 54	05 24 54	05 05
06 17 29 41 53	06 19 39 54	06 39
07 05 17 29 41 53	07 09 24 39 54	07 09 39
08 05 17 29 41 53	08 09 24 39 53	08 09 39
09 05 17 29 41 53	09 05 17 29 41 53	09 09 39
10 05 17 29 41 53	10 05 17 29 41 53	10 09 39 54
11 05 17 29 41 53	11 05 17 29 41 53	11 09 24 39 54
12 05 17 29 41 53	12 05 17 29 41 53	12 09 24 39 54
13 05 17 29 41 53	13 05 17 29 41 53	13 09 24 39 54
14 05 17 29 41 53	14 05 17 29 41 53	14 09 24 39 54
15 06 17 29 41 53	15 06 17 29 41 53	15 09 24 39 54
16 05 17 29 41 53	16 05 17 29 41 53	16 09 24 39 54
17 05 17 29 41 53	17 05 17 29 41 53	17 09 24 39 54
18 05 13 <sup>b</sup> 24 39 54	18 05 13 <sup>b</sup> 24 39 54	18 09 24 39 54
19 09 24 39 54	19 09 24 39 54	19 09 24 39 54
20 09 24 39 54	20 09 24 39 54	20 09 24 39 54
21 09 24 39 54	21 09 24 39 54	21 09 24 39 54
22 09 24 39 54	22 09 24 39 54	22 09 24 39 54
23 09 24 <sup>b</sup> 39 <sup>a</sup> 54 <sup>a</sup>	23 09 24 <sup>b</sup> 39 <sup>a</sup> 54 <sup>a</sup>	23 09 24 <sup>b</sup> 39 <sup>a</sup> 54 <sup>a</sup>
00 09 <sup>a</sup> 24 <sup>a</sup>	00 09 <sup>a</sup> 24 <sup>a</sup>	00 09 <sup>a</sup> 24 <sup>a</sup>

<sup>a</sup> Terminates at Longbenton  
<sup>b</sup> Terminates at Pelaw

These timetables will change on public holidays.

**Towards South Shields**

Daytime Monday to Saturday  
**Every 12 minutes**

Evenings and Sundays  
**Every 15 minutes**

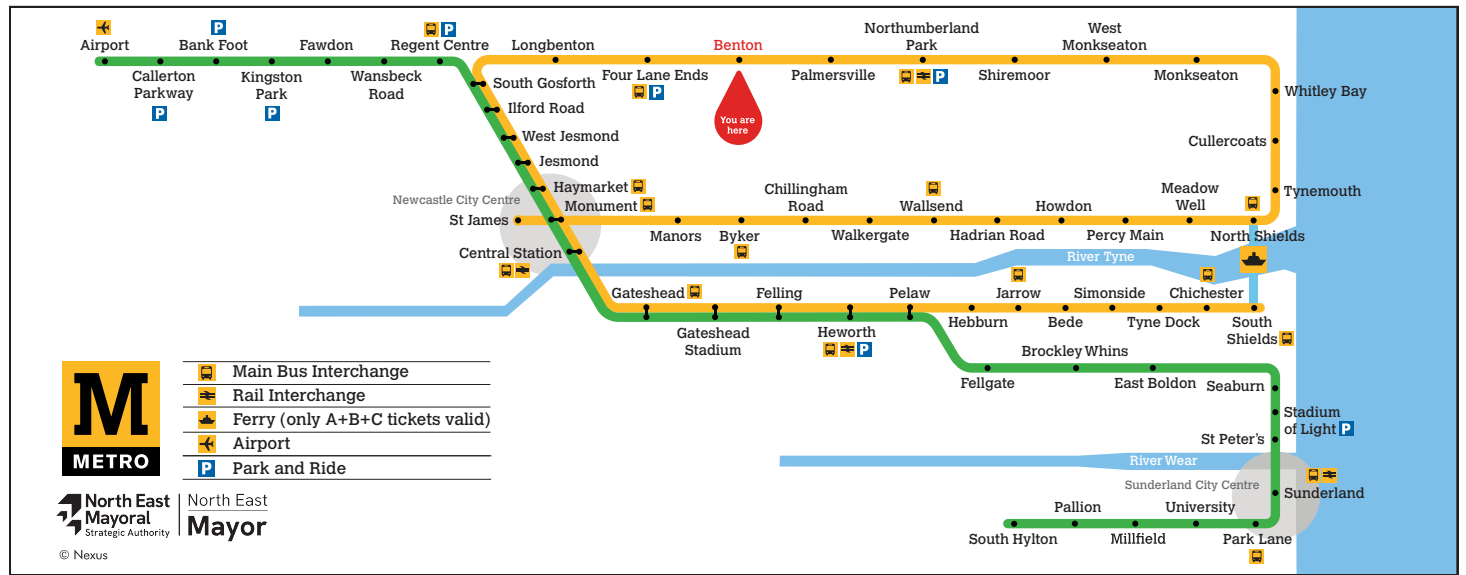
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# Benton

## Platform 2

### Trains towards St James via Whitley Bay



- Main Bus Interchange
- Rail Interchange
- Ferry (only A+B+C tickets valid)
- Airport
- Park and Ride

North East  
Mayoral  
Strategic Authority

© Nexus

## Towards St James via Whitley Bay



These timetables will change on public holidays.

### Towards St James via Whitley Bay

Daytime Monday to Saturday

**Every 12 minutes**

Evenings and Sundays  
**Every 15 minutes**

Monday to Friday				Saturday				Sunday				
Hour Minutes				Hour Minutes				Hour Minutes				
05	11	30	Nexus	05	25	40	55	05	10	40		
06	04	16	28	06	10	25	40	06	10	40		
07	04	16	28	07	10	25	40	07	10	40		
08	04	16	28	08	10	25	40	08	10	40		
09	04	16	28	09	10	25	40	09	10	40	55	
10	04	16	28	10	11	21	28	10	10	25	40	55
11	04	16	28	11	04	16	28	11	10	25	40	55
12	04	16	28	12	04	16	28	12	10	25	40	55
13	04	16	28	13	04	16	28	13	10	25	40	55
14	04	16	28	14	04	16	28	14	10	25	40	55
15	04	16	28	15	04	16	28	15	10	25	40	55
16	04	16	28	16	04	16	28	16	10	25	40	55
17	04	16	28	17	04	16	28	17	10	25	40	55
18	04	16	28	18	04	16	28	18	10	25	40	55
19	10	25	40	19	10	25	40	19	10	25	40	55
20	10	25	40	20	10	25	40	20	10	25	40	55
21	10	25	40	21	10	25	40	21	10	25	40	55
22	10	25	40	22	10	25	40	22	10	25	40	55
23	10	25 <sup>a</sup>	40 <sup>a</sup>	23	10	25 <sup>a</sup>	40 <sup>a</sup>	23	10	25 <sup>a</sup>	40 <sup>a</sup>	55 <sup>b</sup>

<sup>a</sup> Terminates at Monument  
<sup>b</sup> Terminates at Manors

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Displayed May 2026