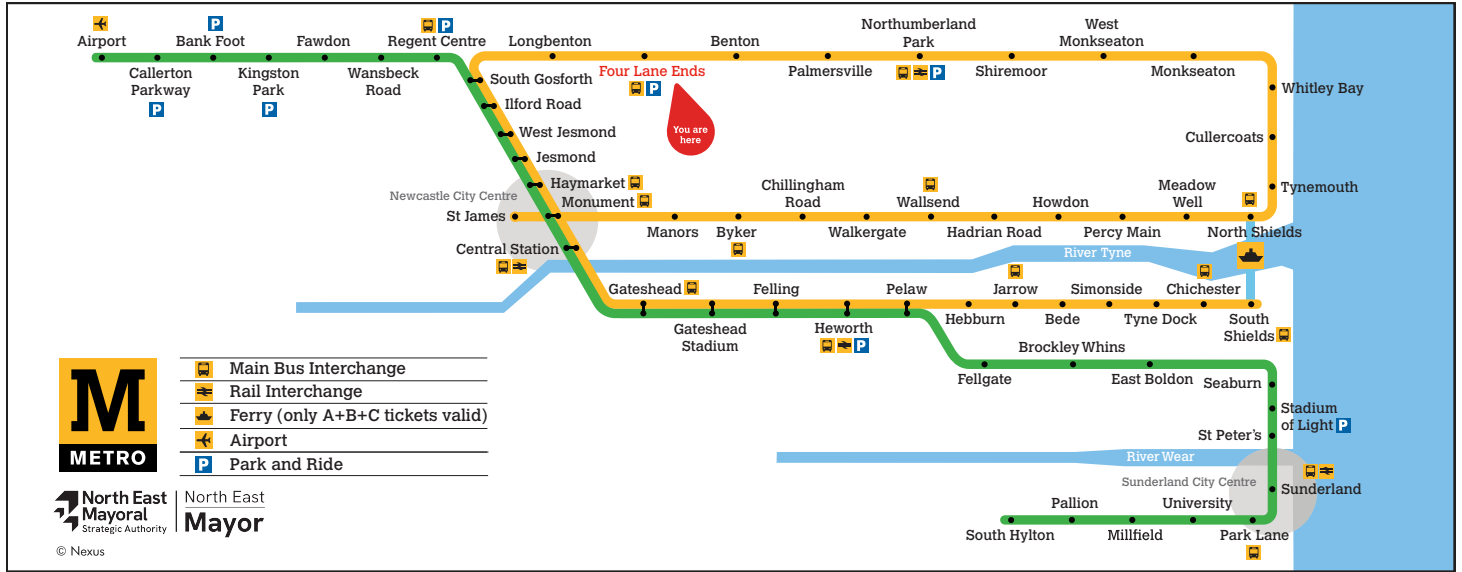


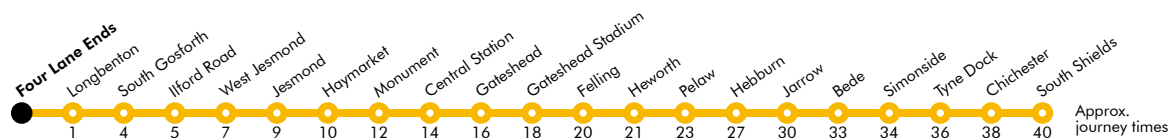
Four Lane Ends

Platform 1

Trains towards South Shields



Towards South Shields



Monday to Friday				Saturday				Sunday				
Hour	Minutes	Minutes	Minutes	Hour	Minutes	Minutes	Minutes	Hour	Minutes	Minutes	Minutes	
05	19	30	56	05	25	55		05				
06	19	31	43	06	20	40	55	06	10	40		
07	07	19	31	07	10	25	40	07	10	40		
08	07	19	31	08	10	25	40	08	10	40		
09	07	19	31	09	07	19	31	09	10	40		
10	07	19	31	10	07	19	31	10	10	40	55	
11	07	19	31	11	07	19	31	11	10	25	40	55
12	07	19	31	12	07	19	31	12	10	25	40	55
13	07	19	31	13	07	19	31	13	10	25	40	55
14	07	19	31	14	07	19	31	14	10	25	40	55
15	07	19	31	15	07	19	31	15	10	25	40	55
16	07	19	31	16	07	19	31	16	10	25	40	55
17	07	19	31	17	07	19	31	17	10	25	40	55
18	07	14 ^b	25	18	07	14 ^b	25	18	10	25	40	55
19	10	25	40	19	10	25	40	19	10	25	40	55
20	10	25	40	20	10	25	40	20	10	25	40	55
21	10	25	40	21	10	25	40	21	10	25	40	55
22	10	25	40	22	10	25	40	22	10	25	40	55
23	10	25 ^b	40 ^a	23	10	25 ^b	40 ^a	23	10	25 ^b	40 ^a	55 ^a
00	10 ^a	25 ^a		00	10 ^a	25 ^a		00	10 ^a	25 ^a		

^a Terminates at Longbenton
^b Terminates at Pelaw

These timetables will change on public holidays.

Towards South Shields

Daytime Monday to Saturday
Every 12 minutes

Evenings and Sundays
Every 15 minutes

Get the Pop App for the latest service information and to plan your journey

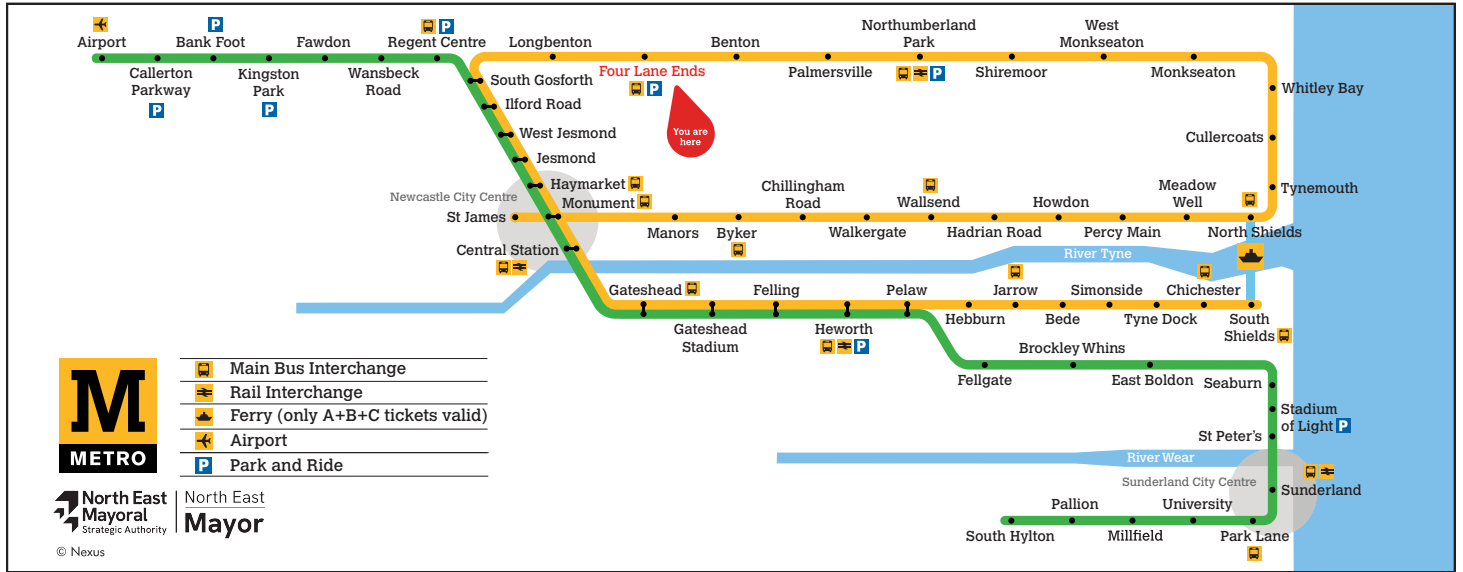


Displayed May 2026

Four Lane Ends

Platform 2

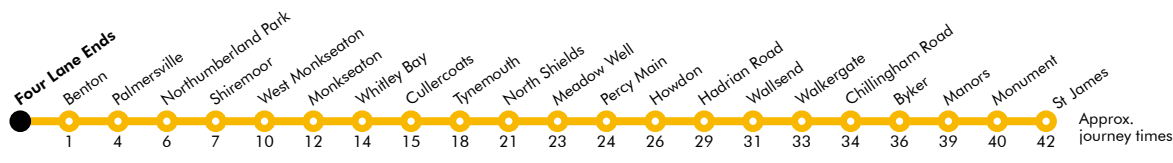
Trains towards St James via Whitley Bay



- Main Bus Interchange
- Rail Interchange
- Ferry (only A+B+C tickets valid)
- Airport
- Park and Ride

North East
Mayoral
Strategic Authority

Towards St James via Whitley Bay



Monday to Friday					Saturday					Sunday					
Hour Minutes					Hour Minutes					Hour Minutes					
05	09	28	48		05	23	38	53		05	08	38			
06	02	14	26	38	06	08	23	38	53	06	08	38			
07	02	14	26	38	07	08	23	38	53	07	08	38			
08	02	14	26	38	08	08	23	38	53	08	08	38			
09	02	14	26	38	09	08	23	38	53	09	08	38	53		
10	02	14	26	38	10	09	19	26	38	50	10	08	23	38	53
11	02	14	26	38	11	02	14	26	38	50	11	08	23	38	53
12	02	14	26	38	12	02	14	26	38	50	12	08	23	38	53
13	02	14	26	38	13	02	14	26	38	50	13	08	23	38	53
14	02	14	26	38	14	02	14	26	38	50	14	08	23	38	53
15	02	14	26	38	15	02	14	26	38	50	15	08	23	38	53
16	02	14	26	38	16	02	14	26	38	50	16	08	23	38	53
17	02	14	26	38	17	02	14	26	38	50	17	08	23	38	53
18	02	14	26	38	18	02	14	26	38	53	18	08	23	38	53
19	08	14 ^a	23	38	19	08	14 ^a	23	38	53	19	08	23	38	53
20	08	23	38	53	20	08	23	38	53	20	08	23	38	53	
21	08	23	38	53	21	08	23	38	53	21	08	23	38	53	
22	08	23	38	53	22	08	23	38	53	22	08	23	38	53	
23	08	23 ^b	38 ^b	53 ^c	23	08	23 ^b	38 ^b	53 ^c	23	08	23 ^b	38 ^b	53 ^c	
00	10 ^a	25 ^a	32 ^a	38 ^a	00	10 ^a	25 ^a	32 ^a	38 ^a	00	10 ^a	25 ^a	32 ^a	38 ^a	

^a Terminates at Benton
^b Terminates at Monument

These timetables will change on public holidays.

Towards St James via Whitley Bay

Daytime Monday to Saturday
Every 12 minutes

Evenings and Sundays
Every 15 minutes

Get the Pop App for the latest service information and to plan your journey



Displayed May 2026