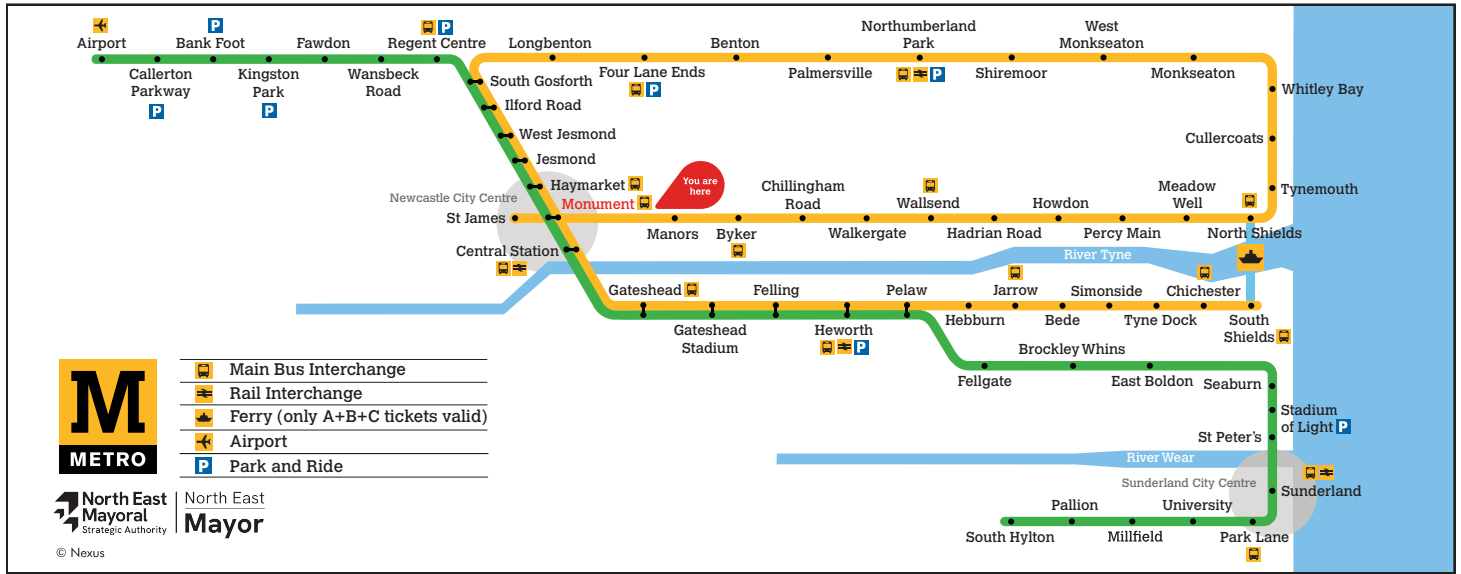


Monument

Platform 1

Trains towards South Hylton/South Shields



Towards South Hylton



Monday to Friday	Saturday	Sunday
Hour Minutes	Hour Minutes	Hour Minutes
05 12 ^a 16 29 41 53	05 13 ^a 21 32 47	05 05 13 ^c 18 39 44 ^c
06 03 14 26 38 50	06 02 17 31 47	06 09 39
07 02 14 26 38 50	07 02 17 32 47	08 09 39
08 02 14 26 38 50	08 02 17 31 47	09 07 19 32 47
09 02 14 26 38 50	09 02 13 26 38 50	10 02 17 32 47
10 02 14 26 38 50	10 02 14 26 38 50	11 02 17 32 47
11 02 14 26 38 50	11 02 14 26 38 50	12 02 17 32 47
12 02 14 26 37 50	12 02 14 26 37 50	13 02 17 32 47
13 02 14 25 38 48	13 02 14 25 38 48	14 02 17 32 47
14 02 14 26 38 50	14 02 14 26 38 50	15 02 17 32 47
15 01 14 26 38 49	15 01 14 26 38 49	16 02 17 32 47
16 02 14 26 38 50	16 02 14 26 38 50	17 02 17 32 47
17 02 14 26 38 50	17 02 14 26 38 50	18 02 17 32 47
18 02 16 32 47	18 02 16 32 47	19 02 17 32 47
19 02 17 32 47	19 02 17 32 47	20 02 17 32 47
20 02 17 32 47	20 02 17 32 47	21 02 17 32 47
21 02 17 32 47	21 02 17 32 47	22 02 17 32 47
22 02 17 32 47	22 02 17 32 47	23 02 16 ^b 31 ^c
23 02 16 ^b 31 ^c	23 02 16 ^b 31 ^c	

a Terminates at Park Lane **b** Terminates at Sunderland **c** Terminates at Pelaw

These timetables will change on public holidays.

Towards South Hylton

Daytime Monday to Saturday
Every 12 minutes

Evenings and Sundays
Every 15 minutes

Towards Pelaw

Daytime Monday to Saturday
Every 6 minutes

Evenings and Sundays
Every 7-8 minutes

Towards South Shields



Monday to Friday	Saturday	Sunday
Hour Minutes	Hour Minutes	Hour Minutes
05 09 22 33 44 59	05 09 39 53	05 05 24 54
06 09 20 32 44 56	06 09 24 34 54	06 24 54
07 08 20 32 44 56	07 09 24 39 54	07 24 54
08 08 20 32 44 56	08 09 24 39 54	08 24 54
09 08 20 32 44 56	09 08 20 32 44 56	09 24 39 54
10 08 20 32 44 56	10 08 20 32 44 56	10 09 24 39 54
11 08 20 32 44 56	11 08 20 32 44 56	11 09 24 39 54
12 08 20 32 44 56	12 08 20 32 44 56	12 09 24 39 54
13 08 20 32 44 56	13 08 20 32 44 56	13 09 24 39 54
14 08 20 32 44 56	14 08 20 32 44 56	14 09 24 39 54
15 08 22 32 44 56	15 08 22 32 44 56	15 09 24 39 54
16 08 21 32 44 56	16 08 21 32 44 56	16 09 24 39 54
17 08 20 32 44 56	17 08 20 32 44 56	17 09 24 39 54
18 08 22 28 ^a 39 54	18 08 22 28 ^a 39 54	18 09 24 39 54
19 09 24 39 54	19 09 24 39 54	19 09 24 39 54
20 09 24 39 54	20 09 24 39 54	20 09 24 39 54
21 09 24 39 54	21 09 24 39 54	21 09 24 39 54
22 09 24 39 54	22 09 24 39 54	22 09 24 39 54
23 09 24 39 ^a	23 09 24 39 ^a	23 09 24 39 ^a

a Terminates at Pelaw

Towards South Shields

Daytime Monday to Saturday
Every 12 minutes

Evenings and Sundays
Every 15 minutes

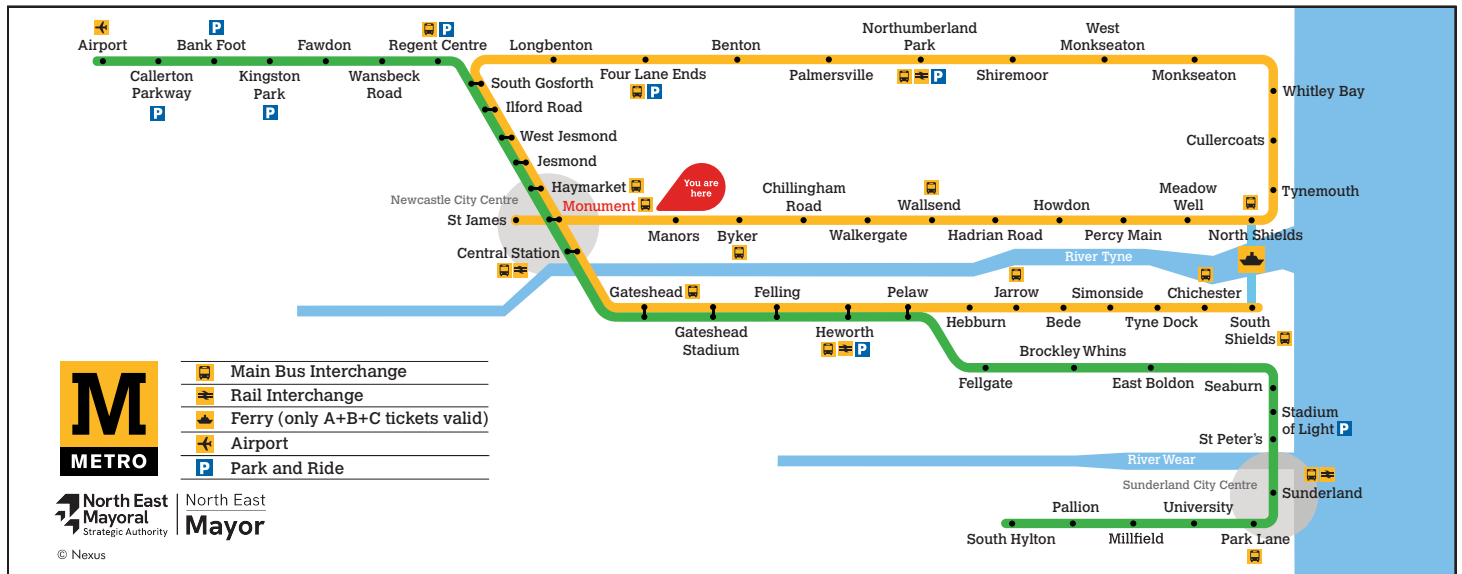
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Monument

Platform 2

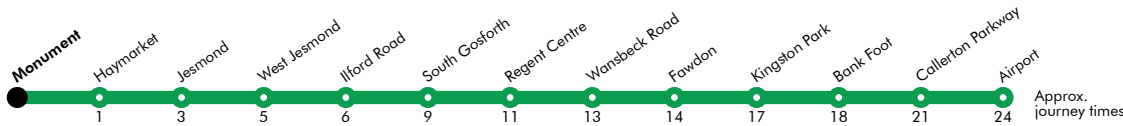
Trains towards Airport/St James via Whitley Bay



- Main Bus Interchange
- Rail Interchange
- Ferry (only A+B+C tickets valid)
- Airport
- Park and Ride

North East
Mayoral
Strategic Authority
North East
Mayor

Towards Airport



Monday to Friday

Hour	Minutes
05	54
06	21 43 55
07	07 19 31 43 55
08	08 19 31 43 55
09	07 19 31 43 55
10	07 19 31 43 55
11	07 19 32 43 55
12	07 19 31 43 54
13	07 19 31 43 55
14	07 19 32 43 55
15	07 19 31 43 55
16	07 19 31 43 55
17	07 19 31 43 55
18	08 19 33 48
19	05 13 ^a 18 33 48
20	03 18 33 48
21	04 18 33 48
22	03 18 33 48
23	03 18 33 47 ^b 58 ^a
00	04 ^b 13 ^b 22 ^a 28 ^a

Saturday

Hour	Minutes
05	22 48
06	03 18 33 48
07	03 18 33 48
08	03 18 33 48
09	03 18 32 48
10	05 19 31 43 55
11	07 19 32 43 55
12	07 19 31 43 54
13	07 19 31 43 55
14	07 19 32 43 55
15	07 19 31 43 55
16	07 19 31 43 55
17	07 19 31 43 55
18	08 19 33 48
19	05 13 ^a 18 33 48
20	03 18 33 48
21	04 18 33 48
22	03 18 33 48
23	03 18 33 47 ^b 58 ^a
00	04 ^b 13 ^b 22 ^a 28 ^a

Sunday

Hour	Minutes
05	43
06	13 43
07	10 40
08	10 40
09	10 40
10	10 33 48
11	03 18 33 48
12	03 18 33 48
13	03 18 33 48
14	03 18 33 48
15	03 18 33 48
16	03 18 33 48
17	03 18 33 48
18	03 18 33 48
19	03 18 33 48
20	03 18 33 48
21	03 18 33 48
22	02 18 33 48
23	03 18 33 47 ^b 58 ^a
00	04 ^b 13 ^b 22 ^a 28 ^a

^a Terminates at South Gosforth

^b Terminates at Regent Centre

These timetables will change on public holidays.

Towards Airport

Daytime Monday to Saturday
Every 12 minutes
Evenings and Sundays
Every 15 minutes

Towards South Gosforth

Daytime Monday to Saturday
Every 6 minutes
Evenings and Sundays
Every 7-8 minutes

Towards St James via Whitley Bay

Daytime Monday to Saturday
Every 12 minutes
Evenings and Sundays
Every 15 minutes

Towards St James via Whitley Bay



Monday to Friday

Hour	Minutes
05	49
06	13 25 37 49
07	01 13 25 37 49
08	01 13 25 37 49
09	01 13 25 37 49
10	01 13 25 37 49
11	01 13 25 37 49
12	01 13 25 37 49
13	01 13 25 37 49
14	01 13 25 37 49
15	01 13 25 36 49
16	01 13 25 36 49
17	01 13 25 37 49
18	01 13 25 40 55
19	01 ^a 10 25 40 55
20	10 25 40 55
21	10 25 40 55
22	10 25 40 55
23	10 ^b 25 ^b 40 ^c 55 ^a
00	10 ^a 19 ^a 25 ^a

Saturday

Hour	Minutes
05	55
06	10 40 55
07	10 25 40 55
08	10 25 40 55
09	10 25 40 56
10	13 25 37 49
11	01 13 25 37 49
12	01 13 25 37 49
13	01 13 25 37 49
14	01 13 25 37 49
15	01 13 25 36 49
16	01 13 25 36 49
17	01 13 25 37 49
18	01 13 25 40 55
19	01 ^a 10 25 40 55
20	10 25 40 55
21	10 25 40 55
22	10 25 40 55
23	10 ^b 25 ^b 40 ^c 55 ^a
00	10 ^a 19 ^a 25 ^a

Sunday

Hour	Minutes
05	55
06	25 55
07	25 55
08	25 55
09	25 55
10	25 40 55
11	10 25 40 55
12	10 25 40 55
13	10 25 40 55
14	10 25 40 55
15	10 25 40 55
16	10 25 40 55
17	10 25 40 55
18	10 25 40 55
19	10 25 40 55
20	10 25 40 55
21	10 25 40 55
22	10 25 40 55
23	10 ^b 25 ^b 40 ^c 55 ^a
00	10 ^a 19 ^a 25 ^a

^a Terminates at Benton

^b Terminates at Monument

^c Terminates at Manors

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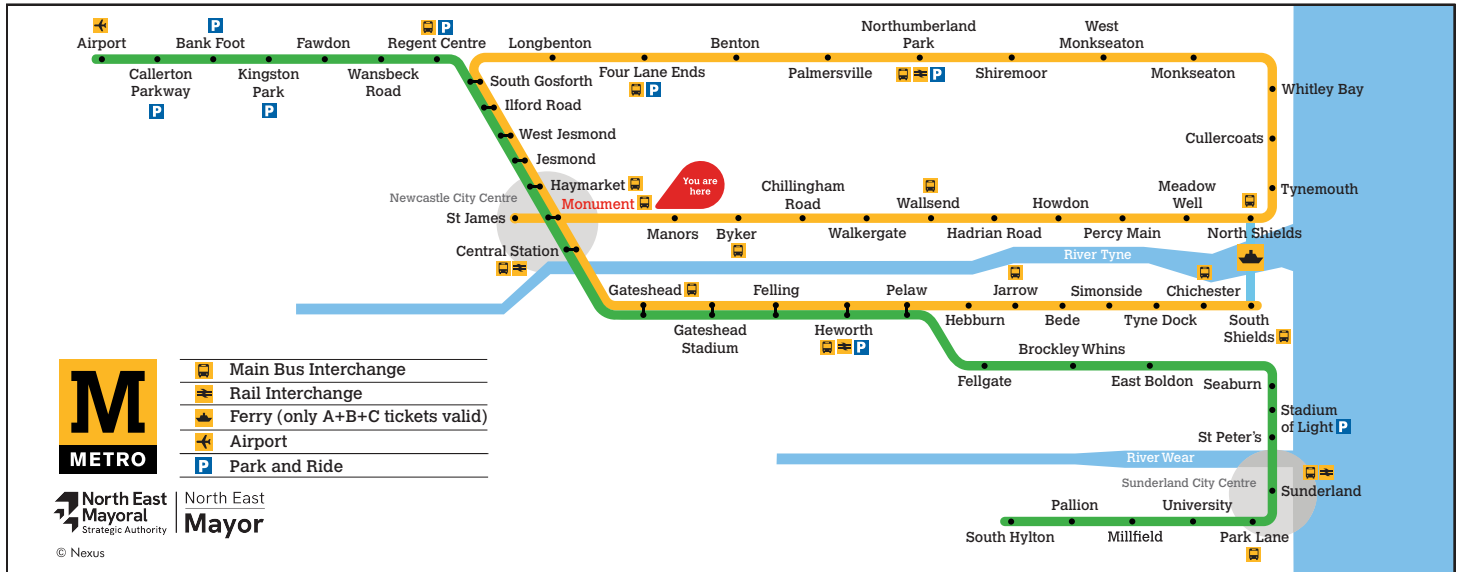


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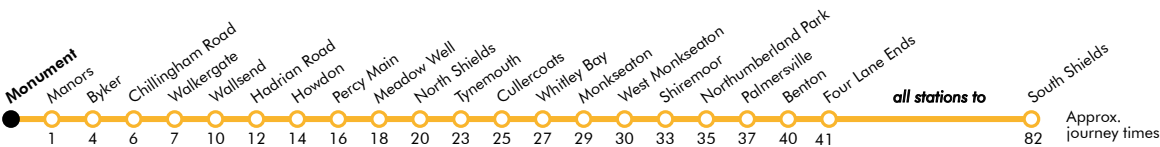
Monument

Platform 3

Trains towards South Shields via Whitley Bay



Towards South Shields via Whitley Bay



Monday to Friday	Saturday	Sunday
05 47 59	05 58	05 58
06 11 23 35 47 59	06 13 28 43 58	07 28 58
07 11 23 35 47 59	07 13 28 43 58	08 28 58
08 11 23 35 47 59	08 11 23 35 47 59	09 28 57
09 11 23 35 47 59	09 11 23 35 47 59	10 12 27 42 57
10 11 23 35 47 59	10 11 23 35 47 59	11 12 27 42 57
11 11 23 35 47 59	11 11 23 35 47 59	12 12 27 42 57
12 11 23 35 47 59	12 11 23 35 47 59	13 12 27 42 57
13 11 23 35 47 59	13 11 23 35 47 59	14 12 27 42 57
14 11 23 35 47 59	14 11 23 35 47 59	15 12 27 42 57
15 11 23 35 47 59	15 11 23 35 47 59	16 12 27 42 57
16 11 23 35 47 59	16 11 23 35 47 59	17 12 27 42 57
17 11 23 32 ^b 43 58	17 11 23 32 ^b 43 58	18 12 28 43 58
18 13 28 43 58	18 13 28 43 58	19 13 28 43 58
19 13 28 43 58	19 13 28 43 58	20 13 28 43 58
20 13 28 43 58	20 13 28 43 58	21 13 28 43 58
21 13 28 43 58	21 13 28 43 58	22 13 28 43 ^b
22 13 28 43 ^b 58 ^a	22 13 28 43 ^b 58 ^a	23 13 ^a 28 ^a 43 ^a
23 13 ^a 28 ^a 43 ^a	23 13 ^a 28 ^a 43 ^a	

^a Terminates at Longbenton
^b Terminates at Pelaw

These timetables will change on public holidays.

Towards South Shields via Whitley Bay

Daytime Monday to Saturday
Every 12 minutes

Evenings and Sundays
Every 15 minutes

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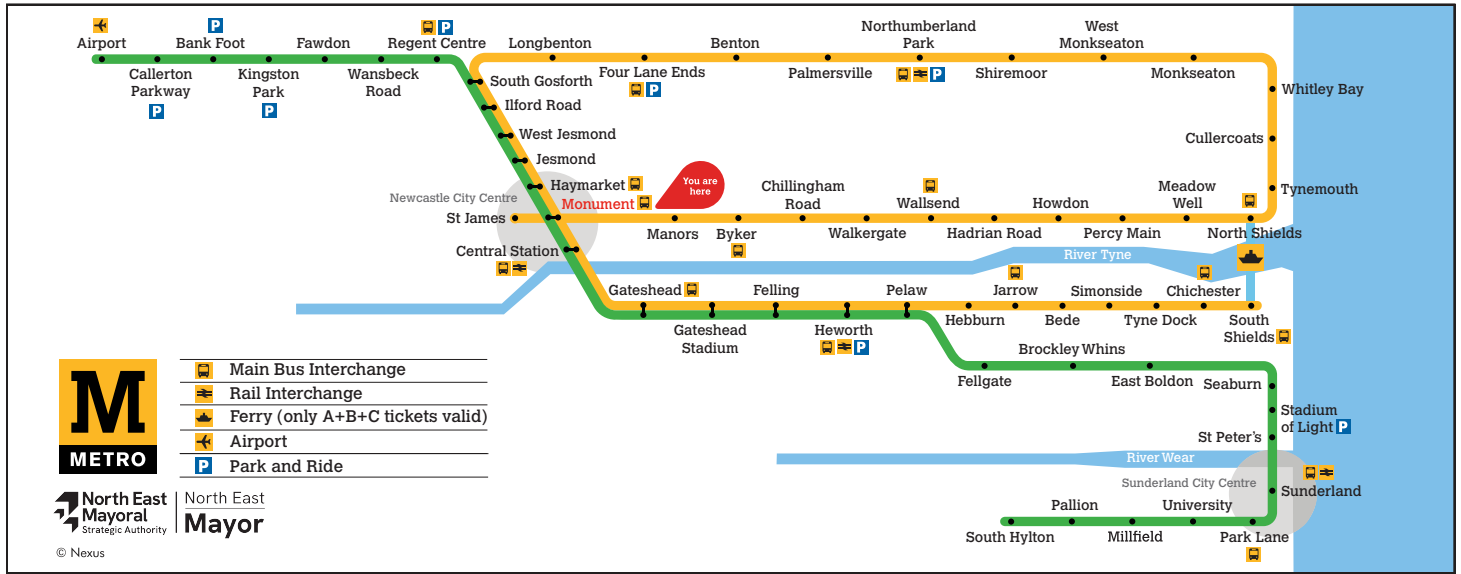


Displayed May 2026

Monument

Platform 4

Trains towards St James



Towards St James

Monument

●

St. James

○

Approx. journey times

2

Monday to Friday					Saturday					Sunday							
Hour Minutes					Hour Minutes					Hour Minutes							
05	53				05					05							
06	12	32	46	58	06	05	20	35	50	06	50						
07	10	22	34	46	58	07	05	20	35	50	07	20	50				
08	10	22	34	46	58	08	05	20	35	50	08	20	50				
09	10	22	34	46	58	09	05	20	35	50	09	20	50				
10	10	22	34	46	58	10	05	20	35	51	10	05	20	37	52		
11	10	22	34	46	58	11	01	10	22	34	46	58	11	07	22	37	52
12	10	22	34	46	58	12	10	22	34	46	58	12	07	22	37	52	
13	10	22	34	46	58	13	10	22	34	46	58	13	07	22	37	52	
14	10	22	34	46	58	14	10	22	34	46	58	14	07	22	37	52	
15	10	22	34	46	58	15	10	22	34	46	58	15	07	22	37	52	
16	10	22	34	46	58	16	10	22	34	46	58	16	07	22	37	52	
17	11	23	34	46	58	17	10	22	34	46	58	17	07	22	37	52	
18	11	23	34	46	58	18	10	22	34	46	58	18	07	20	35	50	
19	10	22	35	50	19	10	22	35	50	19	05	20	35	50			
20	05	20	35	50	20	05	20	35	50	20	05	20	35	50			
21	05	20	35	50	21	05	20	35	50	21	05	20	35	50			
22	05	20	35	50	22	05	20	35	50	22	05	20	35	50			
23	05	20	35	50	23	05	20	35	50	23	05	20	35	50			

These timetables will change on public holidays.

Towards St James

Daytime Monday to Saturday
Every 12 minutes

Evenings and Sundays
Every 15 minutes

Get the Pop App for the latest service information and to plan your journey



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